



DMD: Career Mentoring with Raleigh-Triangle Businesses

Week of October 26, 2009

A unique opportunity to develop a relationship with a Triangle employer in a career field you wish to explore

Network with employees from some of the Triangle's largest businesses: Progress Energy, Blue Cross Blue Shield, Carolina Hurricanes, RBC, Rex HealthCare, SAS Institute, WakeMed

This one-day career mentoring experience will give you the opportunity to:

- **Participate in one-on-one job shadowing in areas such as Communications, IT, Human Resources, Legal, Medical, Social Services, Accounting/Finance, or Sales and Marketing**
- **Get a behind-the-scenes glimpse of a successful business's daily operations**
- **Hear career advice and employment tips from industry insiders**
- **Find out about internship opportunities or open positions**
- **Learn more about the skills necessary for a career field you are interested in**

***LIMITED SPOTS ARE AVAILABLE, SO PLEASE SIGN UP TODAY.**

Fill out the attached form or contact Margaret.Bock@enableamerica.org - (813) 222-3212 ext 1602

About DMD

Raleigh-Triangle Disability Mentoring Day (DMD) is part of a national effort to promote career development for people with disabilities through career exploration, internships, or employment opportunities. Participants are matched with local businesses and provided a one-day job shadowing experience. DMD is commemorated in conjunction with National Disability Employment Awareness Month in October.